



# Changing aged care for the better for you

The new Aged Care Act will put the rights of older people first. It includes a Statement of Rights for older people. These changes start from 1 July 2025.

The Statement of Rights will help make sure you are at the centre of your aged care. It gives you the right to:

- make your own decisions about your own life
- have your decisions not just accepted, but respected
- get information and support to help you make decisions
- communicate your wishes, needs and preferences
- feel safe and respected
- have your culture and identity respected
- stay connected with your community.

If you have any concerns or complaints about your aged care, the Aged Care Quality and Safety Commission is here to help.



1800 951 822



[agedcarequality.gov.au](https://agedcarequality.gov.au)



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**Find out more**  
about the Statement of  
Rights on our website

