

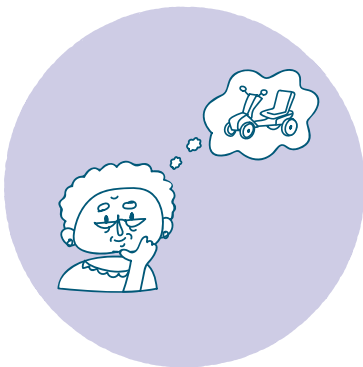


What is dignity of risk?

Dignity of risk is another way of saying you have the right to live the life you choose, even if your choices involve some risk.

If something you want to do involves some risk to you, your aged care provider should support you and your representative to understand the risks and manage them. They should also respect your wishes and preferences.

Your aged care provider should:



Make sure you understand the risks to you and others



Work with you to manage those risks



Respect your decisions

Dignity of risk is a big part of person-centred care.

This means you have the right to make decisions about your care and services.

Dignity of risk is included in the Aged Care Quality Standards. These Standards require your provider to recognise and respect your unique identity, culture, social connections, wellbeing and needs.

This will help you to maintain your independence.

Your aged care provider should support you to take risks, so you can live your best life.

If you, your family or representatives have concerns about the care you or someone else is receiving, it is important to talk about it. Talk to your aged care service, the **Older Persons Advocacy Network on 1800 700 600** or the **Aged Care Quality and Safety Commission on 1800 951 822**.

Let's stay safe together.



Australian Government
Aged Care Quality and Safety Commission